



**POCKLINGTON  
SCHOOL**

Ages 11 to 18

# CO-CURRICULAR PROGRAMME

SUMMER TERM 2024



Club	POCK Category	Staff	Year Group(s)	Day	Slot	Venue
Strength and Conditioning	Physical	GAH	Senior Girls	MON	Lunch	Performance Suite
Table Tennis	Physical	HVT	1st / 2nd	MON	Lunch	Sports Hall
Athletics - Throws and Jumps	Physical	SSF	All	MON	After Sch	Athletics Track
Cricket Lower School	Physical	ENK/GAH/ IHA/ BCB	1st/ 2nd	MON	After Sch	Fentons pitch/astro nets
Strength and Conditioning	Physical	TBC	All	MON	After Sch	Athletics Track
Basketball	Physical	PJA	All	TUE	Lunch	Sports Hall
Football Girls'	Physical	ALS/ LKH	All	TUE	Lunch	Meet in the Quad
Strength and Conditioning	Physical	BCB/ LBG	3rd / 4th Boys & Girls	TUE	Lunch	Performance Suite
Tennis Lower School	Physical	DT/ LBG/ LJL/ TH/ AET	1st / 2nd	TUE	Lunch	Astro
British Cycling Led Bike Rides	Physical	LJB	Age 16+	TUE	After Sch	Off-site
Cricket Seniors	Physical	HP/ DB/ CAL	5th- U6	TUE	After Sch	Fentons pitch/astro nets
Strength and Conditioning	Physical	OIT	3rd / 4th Boys & Girls	TUE	After Sch	Performance Suite
Swimming - Squad Training	Physical	S Redmore	All	TUE	After Sch	Pool
Tennis Seniors	Physical	AGC/ DAC	5th- U6	TUE	After Sch	Astro
Climbing	Physical	CDB	6th Form	WED	Lunch	Meet at mini buses
Cross Country	Physical	RC/ PJA/ MDB	All	WED	Lunch	Pavilion
Football Second and Third Year	Physical	SS	2nd / 3rd Boys	WED	Lunch	Pitch by astros
Football Sixth Form	Physical	OIT	6th Form	WED	Lunch	Football Pitch
Rugby Girls	Physical	OIT	All	WED	Lunch	Rugby Pitch
Strength and Conditioning	Physical	HP	3rd / 4th Boys & Girls	WED	Lunch	Performance Suite
Swimming- Squad Training	Physical	S Redmore	All	WED	Lunch	Pool
Athletics - Training Speed and Jumps	Physical	GAH LBG	1st / 2nd / 3rd	WED	After Sch	Athletics Track
Climbing	Physical	CDB	6th Form	WED	After Sch	Meet at mini buses
Cricket Middle School Girls	Physical	OIT/LBG	3rd / 4th	WED	After Sch	Fentons pitch/astro nets
Cricket U14 & U15 Boys	Physical	TH/ TWT	3rd year Boys	WED	After Sch	Pavilion
Badminton	Physical	EW/ CJD	All	THU	Lunch	Sports Hall
Football Fourth Year	Physical	DWH	4th	THU	Lunch	Pitch by astros
Strength and Conditioning	Physical	GAH	Senior Girls	THU	Lunch	Performance Suite
Tennis Middle School	Physical	DT/ LKH/ GJS/ EW/ CAL	3rd / 4th	THU	Lunch	Astro
Athletics Throws and High Jump (Power)	Physical	GAH	All	THU	After Sch	Athletics Track
Cricket Nets Seniors	Physical	DB	5th- U6	THU	After Sch	Pavilion
Strength and Conditioning	Physical	SSF	5th- U6	THU	After Sch	Athletics Track
Strength and Conditioning	Physical	(tbc)	3rd / 4th Girls	THU	After Sch	Performance Suite
Swimming - Squad Training	Physical	S Redmore	All	THU	After Sch	Pool
Tennis - Open Match Play	Physical	RAD	All	THU	After Sch	Astro
Fitness Blast!	Physical	HTA	6th Form	FRI	Lunch	Maths Rooms
Strength and Conditioning	Physical	GAH	2nd Boys & Girls	FRI	Lunch	Performance Suite
Golf	Physical	LKH/ PMD	All	FRI	After Sch	KP Club
CCF	Outreach	SJH/ALS/CBS/ PMD/ AFH	4th-U6th	MON	After Sch	Annand Centre
Eco Committee	Outreach	NR/ RHB/ OM	All	TUE	Lunch	Art Dept
Namibia Expedition	Outreach	SM/LJW/LJL	4th-U6	TUE	Lunch	Room 3
Wildlife Group	Outreach	IJA	1st / 2nd	TUE	Lunch	Classics
Charity Committee	Outreach	HTA	6th Form	WED	Break	IT2
Wellbeing Space - Let's Talk!	Outreach	AH	1st-U6th	THU	Lunch	Room 22
Lower School Ambassadors	Outreach	SJH	2nd	FRI	Break	Lower School Office

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Clarinet/Saxophone Group	Creative	EJF	All	MON	Before Sch	Music school
Drama Club Juniors / Lower School Production	Creative	EJC	1st / 2nd	MON	Lunch	TST
E-Sports	Creative	HTA	All	MON	Lunch	IT2
Orchestra	Creative	SMA	All	MON	Lunch	Music School
Photography	Creative	DAC	All	MON	Lunch	Art
Choir	Creative	SMA	All	TUE	Break	Music School
Design Club	Creative	AKW	All	TUE	Lunch	Design
Drama Club Juniors / Lower School Production	Creative	EJC	1st / 2nd	TUE	Lunch	TST
Music Theory Grade 5	Creative	HJK	All	TUE	Lunch	Composition Room
Rock Band	Creative	DSH	1st-3rd	TUE	Lunch	Music School
Tycoon Enterprise competition	Creative	GJS	L6th	TUE	Lunch	BM1
Cookery	Creative	AMS	All	TUE	After Sch	Cookery Room
Choir	Creative	SMA	All	WED	Break	Music School
Creative Writing	Creative	TBC	2nd-4th	WED	Lunch	Room 5
Crochet Club	Creative	SES	All	WED	Lunch	Archive Room
Drama Club Juniors / Lower School Production	Creative	EJC	1st / 2nd	WED	Lunch	TST
Pokemon Go	Creative	HMP	All	WED	Lunch	Room 23
Production Tech Club	Creative	SR	All	WED	Lunch	TST
String Group	Creative	HJK	3rd-U6th	WED	Lunch	Music School
Drama Club Juniors / Lower School Production	Creative	EJC	1st / 2nd	WED	After Sch	TST
Sugarcraft	Creative	Mrs Davies	All	WED	After Sch	Cookery Room
Woodwind Group	Creative	DB	All	THU	Before Sch	Practice Room 2
Choir	Creative	SMA	All	THU	Break	Music School
Brass Group	Creative	TWT	All	THU	Lunch	Music School
Computer Aided Design Club	Creative	AKW/ SDE	All	THU	Lunch	Design IT
Fantasy Book Club	Creative	SDW	3rd-U6th	FRI	Lunch	Physics Lab 4
Friday Fiddlers	Creative	MSW	All	FRI	Lunch	ICT1
Mental Gymanastics (Tai Chi and Mindfulness)	Creative	BM	All	FRI	Lunch	Chapel
Swing Band	Creative	SMA	All	FRI	Lunch	Music School
Technical Theatre Club	Creative	SR	All	FRI	Lunch	TST
Chemistry Olympiad	Knowledge	JRM	L6th	MON (wk A)	Lunch	Lab 1
Science Club	Knowledge	CXB	1st / 2nd	MON	Lunch	Lab 7
Greek	Knowledge	AAC	3rd	MON	After Sch	Rm 26
Chess and Puzzle Club	Knowledge	MFL	All	TUE	Lunch	Room 24 - RS
Oxbridge Club	Knowledge	SAM	6th Form	TUE	Lunch	Room 5
Puzzle/ Games Club/ Chess	Knowledge	GE/ MFL	All	TUE	Lunch	Room 24 - RS
Quiz Club	Knowledge	CJP	1st / 2nd	TUE	Lunch	Lab 3
Spanish Conversation Club	Knowledge	RJS	5th Year	TUE	Lunch	Room 12
Young Enterprise	Knowledge	GJS	L6th	TUE	Lunch	BM1
HPQ	Knowledge	CJP/LJW	3rd	TUE	After Sch	Room 9
Debating Middle School	Knowledge	IHA	3rd-5th	WED	Lunch	Room 7
Duolingo Club	Knowledge	IRB / RJN	1st-3rd	WED	Lunch	Room 12
Mythology/Greek Club	Knowledge	AAC	1st	WED	Lunch	Room 26
Oxbridge Club	Knowledge	SAM	3rd-5th	WED	Lunch	Room 5
Biology Olympiad	Knowledge	LJL	L6/U6/5th	THU	Lunch	Lab 9
Book Club Lower School	Knowledge	NW	1st / 2nd	THU	Lunch	Library
Debating Seniors	Knowledge	SAS	4th-U6th	THU	Lunch	Room 9
Makerspace Club	Knowledge	SDE/ CLC	3rd	THU	Lunch	DT
Greek	Knowledge	AAC	4th/5th	THU	After Sch	Room 26
Christians Together	Knowledge	BM	All	FRI	Break	Chapel
Linguist Magazine for Sixth Form	Knowledge	NSS	6th Form	FRI	Lunch	13A
Medical Society	Knowledge	KJC	6th Form	FRI	Lunch	Gruggen Room
Historia	Knowledge	CBS	All	FRI	After Sch	Gruggen Room
Maths Challenge Club	Knowledge	CDB	All	Half Termly	Lunch	Room 4
Student Investor	Knowledge	RC	6th Form	6 TBC	Lunch	BM1
Pocklington Young Ladies Society	P/O/C/K	SAS	6th Form	TUE	Lunch	TBC
D of E Training and Preparation - Silver	P/O/C/K	EG	5th	WED	After Sch	Gruggen Room
D of E Training and Preparation - Gold	P/O/C/K	EG	L6	WED	After Sch	Gruggen Room
D of E Training and Preparation - Bronze	P/O/C/K	EG	4th	THU	After Sch	Gruggen Room
D of E Training and Preparation - Bronze	P/O/C/K	EG	4th	FRI	After Sch	Gruggen Room